

## MANUAL

1. Print out this page. Make sure to print it full-size. When printed, the circle below must be of the same size as a dime.



2. Check the correctness of sizes by measuring a few shapes below using a simple ruler with centimeter and millimeter scales.

## RING SIZE FINDER

### METHOD A

1. Take a ring that fits you or your gift-recipient.
2. Lay it on the table below on a circle with the similar size.
3. The drawn outline must completely meet your ring (make sure the inside of the ring lines up with the outside of the circle).
4. If it is between two sizes – take the bigger one.



### METHOD B

1. Take a small nonexpanding string about 6" long or make a paper ribbon about 6" long and 1/4" wide.
2. Wrap it closely around your finger, where you wear a ring.
3. Mark the point, where the paper or string circle has been closed, with a pen.
4. Compare the length of the string or paper to the lines on the paper below to determine your ring size.
5. Compare the given marked piece with the table and specify your size.
6. If it is between two sizes – take the bigger one.

SIZE 5	SIZE 10
SIZE 6	SIZE 11
SIZE 7	SIZE 12
SIZE 8	SIZE 13
SIZE 9	SIZE 14

## **IF YOU BUY A RING AS A GIFT**

1. Ask your planned gift-recipient's parents or friends about possible finger size in case they know.
2. Unnoticeably borrow one of the gift-recipient's rings and use METHOD A. Make sure that the ring you have borrowed fits the owner's finger well.

## **ADDITIONAL INFORMATION**

- In case you are planning to buy a ring with a wide shank, take a bigger size – it must be more comfortable. - When it is difficult to decide between two sizes then take a larger one.
- This page contains regular sizes for the United States. A standard ring size for women is about 7-8<sup>th</sup>, for men it is about 10-11<sup>th</sup>.
- Remember, that fingers on your dominant hand are bigger, than on your non-dominant one. Hence your ring size will be about half a size larger on your primary hand (i.e. the hand you write with).
- The body temperature plays its role. It is a bad idea to specify your ring size when it is too hot or too cold. Fingers shrink and expand because of the temperature. The best results are at room temperature.
- Expanding strings don't measure correctly, so when finding out your ring size, always use nonexpanding like paper or straight rope. In general it is better to use a paper strip about 1/2" in width.
- Knuckles affect the size and in case your knuckle is larger than the base of a finger, it is better to measure both the knuckle and the finger base and then choose a size between these two.
- Plain shanks are better. If you take a ring to measure that has a narrower shank than the one you are planning to buy, it is better to decide on a larger size. Also, consider rings with gems, as sometimes the measurements may distort because of the construction of the ring.
- There are no differences in women and men ring sizes as they use one common scale.